

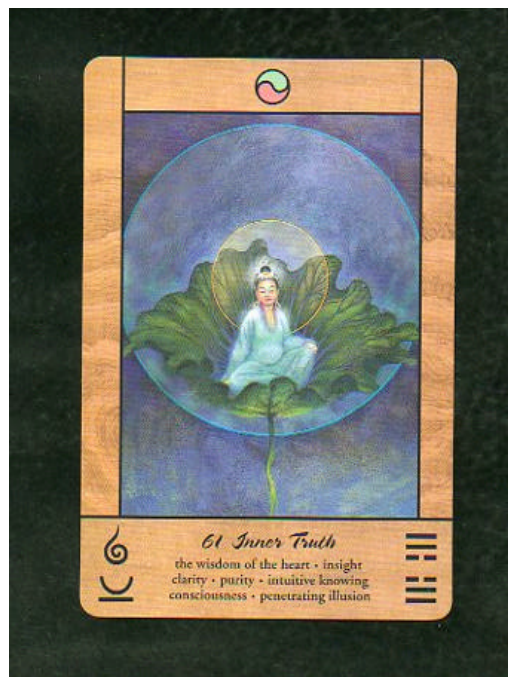
NOTE I asked Great Spirit to guide my hand on behalf of the group. I asked the following question(s) regarding **Saturn Direct** ...

- What did we heal over the last 5+ months?
- **ANSWER: INNER TRUTH ~ 61 ~ The Wisdom of the Heart ~ Insight ~ Clarity ~ Purity ~ Intuitive Knowing ~ Consciousness ~ Penetrating Illusion ~**
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- What will we strengthen and fortify going forward?
- **ANSWER: THE TURNING POINT ~ 24 ~ Return ~ The Start of a New Cycle ~ Right Timing ~ Regeneration ~ Inevitability ~ Steady Improvements ~**

~ **The Tao Oracle Deck ~ [The Tao Oracle Deck](#)**

~ Text & Artwork by Ma Deva Padma (Susan Bernard Morgan-Ostapkowicz)

What did we heal over the last 5+ months?



61 ~ INNER TRUTH

**~ The Wisdom of the Heart ~ Insight ~ Clarity ~ Purity ~
~ Intuitive Knowing ~ Consciousness ~ Penetrating Illusion ~**

Truth is not found by adopting certain beliefs or by social conditioning. It is the silent voice of the heart that responds to what IS with detached clarity, untainted by emotionalism, that is always available, but very often ignored. It is experienced as intuitive knowing that sees through the problems, blocks, and barriers conjured up by becoming overly fixated on achieving and attaining. It needs no support or approval. Whenever we are humble enough to respect the integrity of the inner voice and heed its guidance, the effect is a transformative one.

The inner voice is the voice of your own consciousness that is serene and spacious, and never distorts. It is founded on the recognition that love is your essential reality, and that the denial of love is the source of all illusion, pain, and suffering. It is the cool flame of awareness that eternally guards your birthright ... the experience of inner peace.

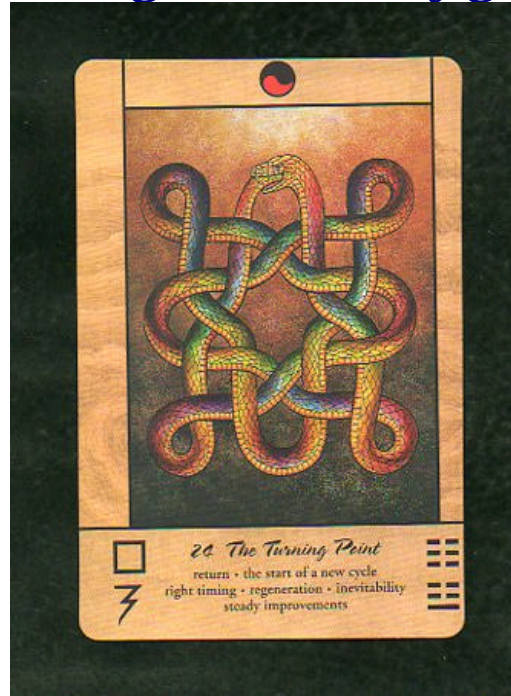
Remembering that your perceptions and interpretations are colored by your state of mind not only sheds a different light on what you call reality, but will assist you in taking greater responsibility for your thoughts and actions. That state of mind can be a shifting and transitory thing, and when it is, it is not truth. Truth is eternal and unchanging; it never grows old; it transcends the limitations of time and space. The preoccupations and worries of the ordinary mind are nearly always in support of the ego and its illusions. In other words, your thoughts, in part, create your experience. Heaven and hell are both seeds in the mind, just waiting for you to think them into being.

If you're interested in inner truth more than holding on to any belief about truth, it's wise to remember that ego is the ultimate trickster. It will do anything to keep you engrossed in its fictions as long as you're willing to play the game. However, once you've really had enough, and begin questioning what lies behind the apparent reality of your life, you've entered totally new territory - in spiritual terms it is known as being "on the path". Walking the path is a lifetime journey that leads you within, toward aligning with inner truth.

We humans become teased by the same longings, hopes, and fears and are intimately joined as brothers and sisters regardless of our skin color, spiritual affiliations, or land we live on. We intrinsically share the same potential for realization. We are one, and so is Truth. The inner truth of each being survives despite our ignorance, endures beyond our occasional acts of selfish immaturity, and sustains us whether we ever recognize it or not. Acknowledging that, and being moved by the reflection of truth in others, is liberating.

The experience of inner truth, ultimately, is in your attitude. It is not as a point of debate but a deep knowing that is part of your fundament. If it is a source of doubt, you have missed it entirely.

What will we strengthen & fortify going forward?



24 ~ THE TURNING POINT

**~ Return ~ The Start of a New Cycle ~ Right Timing ~
~ Regeneration ~ Inevitability ~ Steady Improvements ~**

Nature moves in a continuously unfolding cycle of seasons, and there is no point at which its motion entirely stops. Nevertheless, we can sense a kind of pause that happens on the cusp of these cyclical changes. At the Winter Solstice, for example, when the period of rest and darkness reaches its zenith and the season of activity and light begins to return, it is as if the whole of nature holds its breath for a moment. A subtle shift takes place that is only perceptible to those who have refined and expanded their own sensitivities to include that which can never be captured as a fixed moment in time.

Although the snow may still blanket the ground, there is a quickening happening beneath the earth's surface that is felt in the core of all living things. Later the first visible signs of renewing life will be apparent everywhere. But those fragile first buds cannot be hastened, no matter how much we might long for spring. No one seriously considers interfering with this natural cycle - even when we're fed up with lying low, we trust that inevitably spring will again be reborn in its own time. However, in the shifting seasons of our personal lives we are often far too preoccupied and have far too many investments to keep an overview. These preoccupations can blind us to the perfection of nature and thus we can become impatient and fail to honor its timing.

It is good to remember that no time of darkness lasts forever, either in the cosmos or in your immediate surroundings. It might feel like forever if a crisis or difficulty appears to have brought all your efforts to a standstill - perhaps even including any effort on your part to change your circumstances. But there are times when coming to a standstill is precisely what is needed in order to prepare for a change to come.

Once the turning point arrives, the movement toward renewed movement and vitality will begin to accelerate, no matter how imperceptible it might be to you now. There is a loosening up, a “melting away” that is just beginning and this process will gradually allow you to make full use of any energy you may have been storing up in more stagnant times.

When you have a physical illness you know that you need to slow down, withdraw, and rest in order for a full recuperation to take place. Any ideas you might have about “bouncing back” energetically from adversity stem from a misunderstanding of what is really needed. When there has been a period of inaction, coming to a turning point means that what was depleted will now be replenished, and what was frozen will melt away. But this happens naturally, without your “doing” and without your interference. Once life’s juices have begun to flow again, your strength will increase naturally, your outlook will become brighter, and you will be clearer about the next steps you need to take. Relaxation and trust are the inner attitudes that will bring the deepest understanding, which is that all is moving flawlessly, just as it should. Take care of yourself and the “basics” in very simple ways - it’s the best thing you can do during the major transition that is about to take place.